



2011 CBL E-League Team Weekly Practice Schedule

May 1st – August 21st, 2011

Monday	-	Off/No practices league-wide
Tuesday	-	1 hour strength and conditioning practice Player/Coach Development conference call (1 hour)
Wednesday	-	1 hour film review on Friday night opponent 1 hour max team practice
Thursday	-	1 ½ hours max team shoot-around/walk through
Friday	-	Game day Pre-game meal 3 hours before game – optional
Saturday	-	Game day Morning team shoot-around/walk through – optional Pre-game meal 3 hours before game – optional Watch opponent game film before game – optional
Sunday	-	Game day Morning team shoot-around/walk through – optional Pre-game meal 3 hours before game – optional Watch opponent game film before game – optional

League, Team, and Player Policies

- GMs must exchange game film of both teams with “all” upcoming weekend opponents
- GMs must send game film via CBL overnight delivery service every Monday morning
- GMs will be fined \$50.00 for each game film infraction (game film not sent to opponents)
- Teams are required to take every available player for away games
- Sunday games cannot start before 2 p.m. or go past 7 p.m.
- Players need to be at the gym 1 hour before game starts
- Player profile ranking are completed by GM and coaches
- Staff profile ranking are completed by GM and players
- GM profile ranking are completed by players and CBL corporate office